

The Light Path
Lecture # 2 of Year Two

The Light Beings Speak

I ask the divine light guide us and protect us. I call forth the beings of light and love, truth and wisdom. And I ask now that all that we need for the divine enfoldment of our souls, on all levels of our existence, manifest peacefully and lovingly.

Today we wish to speak about changing the mental structures that are in partnership with the physical structures. By mental structures we do not just mean thought patterns of rational thought. We also mean the capacity to grasp, to image, and to create new patterns that have not yet been manifested on the earth plane thought system. This is already happening in many of you, (your dreams are very active these days, in most of your lives, are they not?) since you all have agreed to be partners in the evolution of the human race. Not just partners, but facilitators in the evolution of this race.

Each time the race reaches a point of evolution, the creative facilitators bring in consciousness from other and higher dimensions. The facilitators, such as yourselves, are challenged; yes, challenged to let go of the safety and the regularity of the known evolution and to open to receiving and organizing new structures. As facilitators, you find yourselves quite restless, bored with earth knowledge as you have experienced it. Do not mistake this boredom as personal boredom. Several of you have been experiencing a state of not knowing where you are going in your life, or why you're doing it, or what's it all about. You are experiencing what you would ordinarily think of as boredom.

This is the preliminary stage to your mind opening, to receiving other thought forms and images. Just as a child reads faster as he reads more and as his brain develops, the human mind speeds up what it can bring forward from other evolutionary states into the physical realm as it matures with what has already been brought in. This is an important time, for many of you. You are in your dream states, in your meditative states and in what you call your -- what you tease yourself — “spaced out” or “I was just out of it.”

In those moments of being “out of it” what is happening is that you are out of the thought structures that have already been received by other humans and you are being called to open to other thought structures. To do this, you need to withdraw attachment to what is already known. It was not safe to do this before, because the human physical system needed to have ways to match the speed of the evolution. While the healing systems have kept evolving, and moving, and growing, so the minds now are able to reach beyond what is known. What is coming in first is mostly the conceptual, what you call abstract thought. It does not have form yet. You find yourself thinking about what you have no idea what you are thinking

about. Do you not catch yourself doing that? Thinking intensely about but with no idea of what you are thinking about. It is coming in on the pure abstract level first.

After this abstract level of the new information gets planted in enough to the facilitators of earth, then, a language of that thought is born and you catch yourself making synopses of thoughts bringing them together, having new thoughts. After that is germinated in facilitators' minds, then comes the images, the possibilities, the dreams. What was seen as radical and unknown perhaps even a year or two ago, becomes normal thought and what becomes normal thought to you, as a facilitator, will in a year or so be normal thought to all awakened humans. Then, what in all awakened humans seemed radical, becomes normal thought to all humans and other life forms upon the earth plane, for the animals respond to this level of thought and also evolve.

What is going on right now in many of the minds here is the part of receiving the abstract of the next level of information coming in. You cannot rush this stage. Do not rush to give it words or images. It is important that the abstract energy comes in first, then the neurological energy changes to match its vibration. The cellular light vibration in your body increases to be able to contain its energy. The sound vibration in your body re-tunes itself to contain its energy and then the physical structures of the hormones, and the chemicals, and the enzymes, and proteins readjust themselves to contain more energy. If there is a blockage in any pathway here, the denser body forms -- the organs, bones, and muscles -- react with stress. If you are having a reaction on any of those levels, it is important not just to focus on bringing balance to that level, but to practice quieting yourself and allow yourself to think about what is not known. Without trying to make it known, just allow your mind to go into that space. Do not rush through this level of the evolutionary process. It is important, as a facilitator, to keep your bodies receptive for it. It is through you, and through many others around the earth, that evolution is being enacted and activated.