

The Light Path
Lecture #6 of Year Two

The Light Beings Speak

I ask the divine light guide us and protect us. I call forth the beings of light and love, truth and wisdom. And I ask now that all that we need for the divine enfoldment of our souls, on all levels of our existence, manifest peacefully and lovingly.

Dear Ones, as you know, developing your system of fluid knowingness and allowing yourself to be light conscious demands that you not only move to the ascended vibratory aspects of the upper bodies of the earth plain, but that you also move in an ascended way through the centers of your human self. Consciousness moves with more balance when the flow is stretched out to the farthest vibration that you are conscious of and back towards the place within you that you are least conscious of. Problems arise for some of you when you participate in this expansion and contraction without focusing the heart energy as the connecting force. The role of the heart center in the awakening journey is to create peaceful connection, peaceful relationship with all aspects of yourself and with yourself in relationship to all aspects and all aspects of beings of the universe.

Without the filter of the heart center, the journey becomes erratic, ego driven, titillating and shadowy. Today we speak to you of learning to surrender to the temple of love and peace that manifests itself in the heart center and to those guides and helpers that meet you in the heart. Some of you tend to focus intensely in the heart center without remembering that the heart is the filter, the peaceful focus for the greater journey. You might look at your life and say, "I am heart centered but I feel alone, chaotic. My life and work are in chaos. My work is intense. My emotions are overwhelming." Or you might say, "I enjoy being in the other dimensions, contacting the angels and higher beings, meeting with the ascended masters. I don't want to come back. I don't want to focus on my earth life. I don't feel a relationship to other earth beings. Why am I still on earth?"

If either one of these resistant paths are active in your life, spend some time with the heart center. It is through the heart that one remembers to enjoy the contact with all the realms of

the universe and to filter that contact with love and wisdom so that it inspires the earth life to be organized, peacefully positive, productive and emotionally satisfying. If one uses the power of intuition, the sensitivity of the energy body and the flow of light energy without the filter of the heart, one forgets the reason to be alive on earth, which is to manifest peace, love and wisdom in all the aspects of earth life.

We understand that some of you experience despair that life on earth will never be peaceful, that it is not possible to feel unconditional love in a world so torn between power and action, that the world feels empty of love and compassion. We want to remind you that when an artist looks at an empty canvas, it only looks like rough cloth and empty space. It is the inspiration of soul, the wisdom of knowing and the connection of heart inspiration that brings the beauty of new form to the empty canvas. When an architect looks at an old, worn-out house that's been unattended, perhaps smashed or ruined with violence, or rotted away from destructive elements, it is through the inspiration of the mind, the knowledge of the brain, the vision of the heart and the love of beauty that the house is brought back to a piece of beauty, a home, a treasured place. If your life looks empty or ruined, or this society or work or family around you seems that way, it is through the heart filter that the knowledge, wisdom and positive action of your being can transform the situation. All of the creative, loving, peaceful aspects of the universe are accessible through the light of the heart. All of the transformative, creative, metaphoric aspects of creation are inspired by the heart. Know that in the core of your heart that you are a being of peace, love and wisdom.