

The Light Path  
Lecture #9 of Year Two

The Light Beings Speak

*I ask the divine light guide us and protect us. I call forth the beings of light and love, truth and wisdom.  
And I ask now that all that we need for the divine enfolding of our souls, on all levels of our existence,  
manifest peacefully and lovingly.*

Dear ones, we want you to know that the cords of energy – cords that you have to a lot of the activities, situations, thought patterns that you hold, commitments, all the aspects that have organized your Earth lives – these cords of energy between you and these aspects are being released. As they are released, some of you feel as if you are floating, detached, wondering where you are going. Some of you are wondering why you are even still around. It is important that these cords detach from your life. We know that this creates a challenging situation, for you are used to organizing yourself through compulsion, through attachment, through drive, through a longing to feel more complete. We are now letting you know that your organization of self is not going to be centered around disaster for existence, but rather around you, as you have been trained and aiming towards being a light being yourselves, facilitators of light on the Earth plane. You are training to be a light being, where you stand in any situation, in any moment, in any place, and be the one to activate the light vibration, the love energy, without a sense of limitation, or compulsion.

You are leaving organizing yourselves though limitations, although at this time it feels like you are floating, ungrounded. Yet, if you look around at yourselves and you look at your life, those who are with you are experiencing change in dynamic ways. Those who are coming towards you, are feeling your energy more potently, while you are feeling detached.

You will not be in this neutral detachment, though, for much longer. You are moving towards an activity of life, of drawing in more energy from other dimensions and helping it to regroup up there. This stage is a transition stage, one that we ask you to have patience in, for it is not as exciting as being attached to challenge, or attached to a truth, or longing for something. There is no excitement in this stage, at least not for yourselves, although at times those near you feel excited, being uplifted. There will be ego that you will experience that will feel exciting negatively to you in the present, for you activating the light. Those who activate the light also activate the shadow in those who are resistant to the light.

Some of you are experiencing this daily, are you not? You are just walking along with your little light, being one who drops it wherever she goes. Yet there are those drawn to you for this light, and as you experience this, each of these persons are feeling more shadowy and resentful of you. Do you understand? This is perhaps a time that is challenging for those of you who are choosing to be facilitators, because you are sensing it. This place of non-attachment is somewhat boring to your ego, is somewhat deflating to your ego. If you could only see how you look in other dimensions. As you release attachment to the limitations of the ego, you are opening up many facets of your being on other dimensions.

It is an important time for you to bring your attention beyond the Earth plane, so that when you are meditating, we know that we have encouraged you all to descend and bring the light from above through your bodies into the Earth. It is now time to practice ascension again. First, ground the energy of your breath, but then go through your crown chakras and let yourself float upward on the spirals of light above you. When you feel the spiral, you will feel alive where you are aware that you are existing, where you are meeting your teachers and peers. It is here, on that level, that you will feel that aliveness, that vitality that you are seeking to have on Earth. Earth is not the place to have it. Earth is a place to experience the neutrality of the peace, being an open channel of light for those around you. Would you like to try it right now?

We ask you first to breathe from the disk above, through your body, and bring the energy into your crown. Breathe in the energy with your inhale, descending with your exhale through the core of your body, down your legs, out your fingertips, through the grounding disk deep into the Earth, drawing it up, rising up through your body. When you get to the heart center this time, keep it centered in your heart, breathe out through the crown, back up through your aura disk. You will notice above you streams of light and a spiral opening to the universe. Follow the energy. Let yourself, your consciousness, lift up into the rings until you come to a place where you feel the presence of a teacher or guide. Notice your own being is in this place. Be aware of your body, your light body. You are the boss. Notice the cords of light entering the spiral, spiraling up to the dimensions of the universe. That is where these cords are meant to go. Gather up a piece of the energy, a light, a sound of the dimension you are leaving and take it back down into the spiral and place it on the aura disk above your crown chakra. Slide your energy back down to your etheric healing self. You are the grounding tool for your light being self. You will hold the energy for your healing, for that dimensional being, functioning in the Earth plane. The energy from above can come through that disk into the Earth self. You are the tool, you are the anchor. You don't need to understand right now how to act on that truth. All you need to do is accept this role.

Let the energy from the dimension come all the way through you, don't stop at your head. Breathe into and move it all the way down your body. Let your body be the grounding tool for this energy.

Do you understand? We know that you are resisting accepting your full body as a grounding tool, but we ask it to be all of you. Some of you are resisting because you like being in this other dimension so much. It's fun. Yes, a part of you feels that if you come all the way down, you won't get to go back. You know that when you take the Earth energy self, that consciousness, and ground it into the Earth energy, when you come back up you are more alive. When you take your higher body self and you ground it in the Earth self, when you go back up to the higher realm you will be more awake. The key is to bring it all the way down.

Some of you may be aware of colors. Purple, as you know, is wisdom, ancient ways, and ancient truth, and that is what the Earth offers you. Blue is the new growth and healing. Bring it all the way down, right out to the edges of your skin, your toes, heels and ankles, fingertips, muscles; let it wash completely through. That will help. When you come back down from the upper ray of consciousness, let yourself hear the sounds that you are experiencing in that level. Bring them down with your physical expression. They are quite vast, the sounds. A part of you resists bringing it into the Earth body, limiting it. It is important to give it expression, for the Earth body is a tool for that sound. Do you understand? It doesn't matter how. Give it expression. One of the gifts of the Earth body is expression. There are teachers from the upper ring of consciousness that ask you to bring their wisdom with you as you descend back into the Earth body. They are helping bring it back down. Give it expression.