

The Light Path
Lecture #11 of Year Two

The Light Beings Speak

I ask the divine light guide us and protect us. I call forth the beings of light and love, truth and wisdom. And I ask now that all that we need for the divine enfoldment of our souls, on all levels of our existence, manifest peacefully and lovingly.

Well, dear one, we see that those on the earth plain who have been opening their energy fields and remembering that they are spirits playing with form, they are light using the darkness to create more light and they are love seeking to express the energy of creation. This is a time and a moment in universal of the congealing of these energies into the manifestation of the earth as a spiritual being.

We want to encourage you this month to take all parts of your earth life and to ask yourselves, “Am I remembering that this aspect of existence is my spirit creating itself?”. We hear many of you as you read this saying, “Oh no, no, no. Paying my bills is just an earth activity, not spirit creating itself. How can mopping this floor be spirit?” Each activity and form, each activity of relationship, whether between loved ones, communities or work situations, each exchange between humans is spirit meeting spirit, spirit using form to express itself, to be in more places to be in more situations. When humans come to understand this, the sense of separation between their earth life and their soul life dissolves.

What you call evil is forgetting this connection and acting as if the material or emotional world is the only reality and needs to expand and have power in order to exist. In your modern world, you will come upon many choices each day of whether you’re going to choose to operate for the pure joy of existence, growing and expanding and illuminating, even when your washing the dirtiest dish, or paying the biggest bill. Or you’re going to operate as if you exist in a vacuum and the only way you will have the power to sustain life is to grab whatever you can, control and manipulate whatever you can. This is an isolating path, pushes others away, pushes joy away. It is a constant choice, but if you remember you are a spirit being, it is a peaceful easy choice. Whenever you catch yourself really struggling, center yourself in your spirit, in your form, in your soul. Centering is the key to peacefulness.

Don't wait until the end of the day when you are worn out. Don't wait until the arguments are won or lost. Don't wait for the job to be over. Instead, center before the work, before the play, before the relationship, before the challenges of your life. Take that moment and remember the light of your soul moving from the vast regions of the universe, through time and space, dancing through your body, through your heart, through your mind, from sky to earth and back again. It just takes a moment to remember, to see yourself as the center funnel for this energy, to remember you are not alone. For in remembering, you open the energy field to sensing the presence of others who love you, the spirits in the earth, angels, spiritual teachers, friends in human animal bird form, the little fairies that dance in the flowers and trees. Just remember you are not alone. We call upon you each day to center yourself in brief moments throughout the day before you tackle the challenges of life and after you tackle the challenges of life. You are spirit.