

The Light Path
Lecture #2 of Year Three

The Light Beings Speak

I ask the divine light guide us and protect us. I call forth the beings of light and love, truth and wisdom. And I ask now that all that we need for the divine enfoldment of our souls, on all levels of our existence, manifest peacefully and lovingly.

During these times, when signs are intensifying the energy on the earth plane, the human ego mind is intensifying its hunger for new information, new thoughts, new visions and new systems. At the same time, there is a sense of emptiness as the old systems, new visions, new information and new thoughts no longer hold their energetic pull, their potency. This is a challenging moment between releasing and longing, between waiting for the new birth and letting go of the old, between trust and the higher realms that are guiding earth, trust in the souls of all of you on earth, trust in the universe and its creator. In a sense, it can seem that everything is beyond your control, that there are forces not out for your good. So it becomes imperative that each human during this time make a conscious choice each day between trust and fear, between being loved and feeling forgotten, between new energy and attachment to old, worn out patterns.

How can we encourage you to accept this challenge of conscious intention, to not let a day slip by without intending what existence is going to be like? Earth is a creative process, a challenging process, and each being on the earth plane needs to accept his or her part of creating the earth. There is so much temptation -- by all the stimulation around you, fast images, sounds, vehicles, the increase of population -- to feel overwhelmed. But it is so important, even if for just a few moments of time, to detach from all the stimulation, from the other people, from the temptations of an intensified society, and choose instead to focus on the light of your soul, of your higher mind, of your cellular partnership with the earth, and on love.

Choosing the focus does not become a luxury, but it is an essential part of living creatively in these times. Don't say to yourself: "Oh, when I get that project done... Oh, when I look at my stock portfolio... Oh, when I check all my email... then I will sit and quiet myself." Say instead, "I place myself in the middle of my higher being, grounded in my soul, connected to the earth. I now choose to react positively, peacefully and consciously to all stimulation." To all stimulation

-- don't be afraid of it. If you react in a positive way, you will filter out what is usable to you and what is excessive and destructive. But, from a positive point of view, you affirm that you are the conscious facilitator choosing how to use stimulation instead of a being worn out by stimulation, overly controlled by stimulation and moved into chaos by stimulation.

There are going to be more and more advances in science, faster images, more complicated sounds, a varied chaotic field of events. Some of you are longing for the old, quiet ways; it is not going to happen again. So it becomes essential to be an active filter of your own existence, to choose each day, from a place of being grounded, what energies are going to organize into your existence.

There are so many beings waiting in various dimensions of existence for earthlings to get used to being fully aware of all levels of existence. For in this awareness, beings from various levels can then communicate with you without causing havoc in your life or mind. Just like a child who gets used to playing in a playground with many children, it is essential that humans get used to playing in a field of energy with many other energies. We know this is challenging to your emotions and nervous systems. Yet, it is happening. Allow yourselves enough time to rest and process and recharge yourself, to once again involve yourselves in the energetic field. Be prepared, for the next couple of years, as your society leaves one dimension of existence for another dimension of reality, things will move with great speed. You can be like a child who throws her arms up with delight on a roller coaster laughing as they speed along, or like a child gripping the sides terrified, yet still speeding along.

To manage this time of transition, stimulation and release, you need to choose a balance, between the inner stillness and surrendering to the speed of change. One without the other will cause chaos in your life. We welcome you into the big field with many beings to play with you. Take care.