

The Light Path
Lecture #10 of Year Three

The Light Beings Speak

*I ask the divine light guide us and protect us. I call forth the beings of light and love, truth and wisdom.
And I ask now that all that we need for the divine enfoldment of our souls, on all levels of our existence,
manifest peacefully and lovingly.*

We wish to speak to you this month on the importance of using the energy of your higher body to activate joy, peace and positive in your human, earth physical body and etheric body. Too often, those of you on the spiritual path and those of you learning higher concepts of intuition tend to move away from focusing, uncaring for your human self and moving into the thrill and the freedom of the higher conscious self.

What we want to emphasize with you this month is that you are all one body, one self, with many aspects of consciousness. The physical body, that you are using as a tool of expression upon the earth, will leave its memory imprint on the etheric body which then becomes a memory cell in the greater self. Therefore, as you exist today will always exist as a memory cell in your being. How you feel love and activate positively this memory cell affects the greater vibrancy of your whole self.

When you ask your higher self to help you and love you in your human self, you're asking your higher self to love a part of itself. It is just as important to the higher self to have you love and nurture the whole collective self. For you are also participating in the vibrancy and the consciousness of the greater self.

We really would like to encourage you to leave behind the linear thinking of the less conscious human self, evolving to an ascended lifestyle. Consider yourself more as an aspect of existence in a universal self which has in its collective body many expressions of consciousness interdependent on each other. Therefore, your higher self needs you as much as you need your higher self, for you are one being.

You can understand this if you think in terms of your physical body, for example your stomach. That consciousness in your stomach needs you, its higher self, to take positive action to love it. It has within it the power to rebel and go astray and cause you, the higher self, imbalance. The more you, the higher human personality self, care and nurture your stomach, the more it will care and nurture you. This is an example of how the greater conscious self is interdependent with every

other self within it. We are asking you to liberate your consciousness and awareness. Some of you might ask that as the physical self dissolves and disappears, how can it be important to the higher conscious self?

We want you to reflect on two things. We want you to remember that the physical self never completely disappears, that it transforms its DNA and becomes merged with the physical world, the universe. Yet on another level, as we said in the beginning of this lesson, what you experience in your physical self, such as your emotions, the expressions of love, the joy, the relationship energy, is then imprisoned in the etheric body, and the etheric body is forever a memory cell in the non-human body, just as your physical self then becomes the memory cell in the body of earth, in the body of the universe. In the final merging, your greater self and the universe self all merge back together in the god essence, so you never disappear. We want to encourage you to continually embrace yourself with love, kindness, and the appreciation of what a wonderful pool of conscious expression you have then created to be. Your higher self or shall we say, your holistic self, formed you by merging with the earth to create a particular expression of the spirit. That is the sole reason to exist.

Part of the reason it is important to keep opening your consciousness to as many of your memory cells as possible is that it increases the flow of your conscious self in this expression of spirit. So when some of you reach back to this earth life childhood, to heal the unconsciousness, you are doing much more than creating a peaceful earth life. You are helping to create a vibrant, awake, conscious, holistic, universal self functioning in many varied dimensions.

In closing, we want to encourage you to use the tool of the levels of consciousness available to you to help ground the joy in each of your bodies. For example, the human physical self is moved by this meditation of sight, sound, feeling and sense. Surround yourself with activities in these senses that open gates that allow, for instance, your higher mind or your more advanced conscious mind, to inspire you. Allow the tools of your higher conscious mind, such as sacred images, to be used by your human emotional self to experience peace and positive existence. Starting this month, the meditation will guide you in doing this.

You are magnificent beings, great cells of light in the universal body of consciousness in the heart of the great One. We appreciate you. Thank you.